



This is our Family Farm near Anola,
Manitoba!



HEALTHY BEEF FOR HEALTHY PEOPLE
COMES FROM HEALTHY SOIL!



A HOLISTIC APPROACH TO STEWARDSHIP:

Edie Creek Angus uses Regenerative Agriculture practices to care for the biological life in our land which in turn will increase carbon sequestering in our soils. Regenerative practices are more than just “sustainable”, they improve the land so that it’s in better shape for our children than it was when we began. We believe that a focus on **improving soil** health, respecting the natural bio-diversity, and providing the **best care possible** for our livestock are all necessary to produce healthy, nutrient-dense food. The practices we employ are all done with an effort to make things better than they are.

Will Cattle save the world? We think they have a important role! A critical part of the Regeneration effort is the integration of livestock with crop production. Cattle can cycle nutrients by closing the loop of the solar energy chain. Grazing cattle return most of the nutrients they harvest, and more importantly, they feed the biological life in the soil. Think about how this land was “harvested” before it was settled: **Bison** roamed the Great Plains in large herds, harvesting, trampling, & defecating on the soil. The bison herds roamed a vast territory, with many months or even years before they’d return to the same site. This process is what **built up the soil** over thousands of years into what it was before modern agriculture began intensively mining it back out again. Managed Intensive Grazing, such as what is employed at Edie Creek Angus, mimics the action of the Bison by concentrating livestock in small paddocks to harvest the Grasses & Legumes for a short, intense period, after which they are kept away from that paddock until the forages have had a good, long **rest period**. This provides time for solar energy to be stored again in the roots via photosynthesis (in the form of **liquid carbon**), commonly known as carbon sequestration.

EDIE CREEK ANGUS - BOUW FARMS LTD.

WWW.EDIECREEKANGUS.COM



@EDIECREEKANGUS

204-471-4696 OR 204-232-1620

EDIE CREEK ANGUS

GOURMET GRASS-FINISHED BEEF



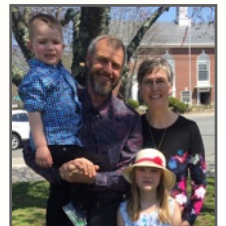
Here we are: -->
Jonathan (R) &
Stefan (L) Bouw:

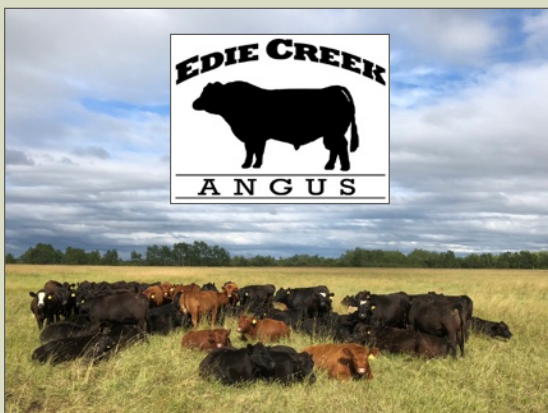
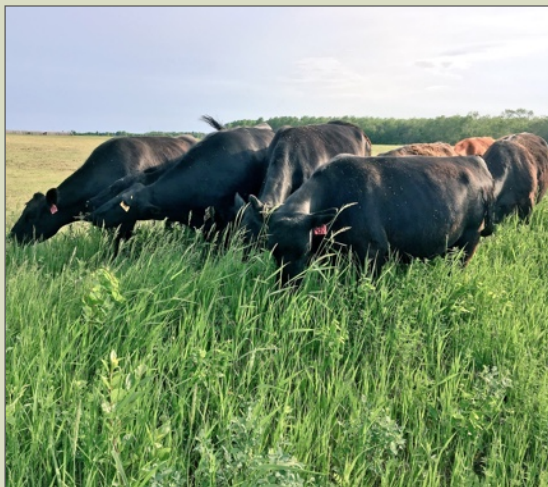


Here's our family!



Our parents: Herman &
Marilyn Bouw. We are
privileged to have the
chance to farm because of
them.





WE LOVE COWS!

Cattle are the tool we use to harvest the energy from sunlight that freely falls on all our land. We are essentially “Grass Farmers” here at Edie Creek Angus, and the cows are our “Cow-mbines” gathering the land’s production and turning it into Gourmet-quality Grass-Fed Beef as well as breeding stock for other producers!



Gourmet-Quality GrassFinished Beef!

WHY IS OUR GRASS-FINISHED BEEF UNIQUE?:

Our delicious and super healthy Grass Finished Beef is raised without the use of grains due to the unique genetic benefits of our easy-keeping, Angus cattle. Grass Finished Beef has many noted Health Benefits:

- Higher in: - Beta-Carotene - Vitamin E
- Riboflavin - Vitamin B
- CLA (Conjugated Linoleic Acid – a potential cancer fighter)
- Higher in Omega 3 fatty acids & a better ratio of Omega 3 to Omega 6 fatty acids

Also our Grass Finished beef is:

- Raised from birth on our farm at Anola, MB, minutes away from Winnipeg, Steinbach, & Beausejour (Can you say **LOCAL BEEF!**?)
 - Raised in a low-stress environment
 - Has no added hormones & is Antibiotic-free
- Best of all, it **TASTES GREAT!!**

Our beef is a high-quality Gourmet Product, appreciated by connoisseurs, purists, and those looking for **tender, delicious & nutritious** beef!



Jonathan & Eileen Bouw & Family

Beef Raised in Harmony with our Environment: Our cattle are raised as closely to how nature intended wild ruminants to thrive as we can. Cows calve on grass pastures in May and June, just like the deer in our area. The cattle spend their lives grazing freely for as many days as there is grass available for grazing, and they get access to a fresh new “salad bar” of grasses, clovers, & other legumes every day or every other day on pasture in our Holistic planned rotational grazing system!

Healthy Soil, Healthy Grass, Happy Cattle! Our goal is to care for the cattle in such a way that given the choice they’d want to live on our farm instead of someone else’s, to manage our grass & soil so that we are regenerating it—leaving it better than we found it, and to live harmoniously with our families as valuable members of our communities.

TASTE FOR YOURSELF THE PURELY DELICIOUS FLAVOUR OF GRASS-FINISHED BEEF!



Stefan & Kendra Bouw & Family